



美味營養餐 CHAMPSS

*Choosing Healthy Appetizing Meal
Plan Solution for Seniors*

網上 加餐 指南

美味營養餐計劃的營運資金由《三藩市殘障人士及長者服務部》及計劃參加者的捐款資助。美味營養餐的建議捐款為每餐 **5.00** 美元或以上。您所捐獻的每一美元都對維持美味營養的膳食計劃的運行至關重要。感謝您積極捐獻支持我們的日常運營。無論您捐贈與否，我們都樂意為您提供服務。感謝您對我們的支持！

Contact / 聯繫 / Contacto



(415) 677 7601
sfchampss.org



SAN FRANCISCO HUMAN SERVICES AGENCY
Department of Disability
and Aging Services



Self-Help for
the Elderly
安老自助處



The program is administered by Self-Help for the Elderly – Nutrition Department and partially funded by the Department of Disability and Aging Services | 此計劃由安老自助處營養部門管理及部分服務經費由三藩市殘障人士及長者服務部提供。| El programa es administrado por el Departamento de Nutrición de Self-Help for the Elderly y parcialmente financiado por el Departamento de Servicios de Discapacidad y Envejecimiento.

加餐指南

1

鼠標雙擊啟動您電腦上其中一個已經安裝的網站瀏覽器。
瀏覽器的種類可參考下圖



Explorer



Safari



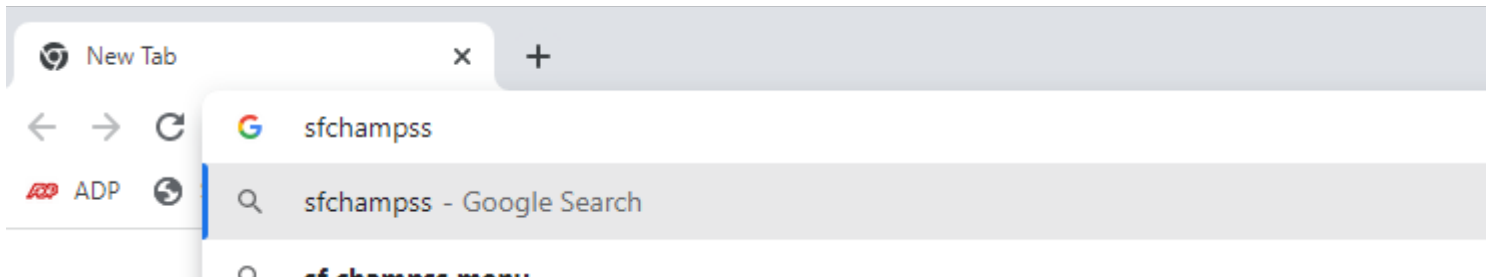
Chrome



Firefox

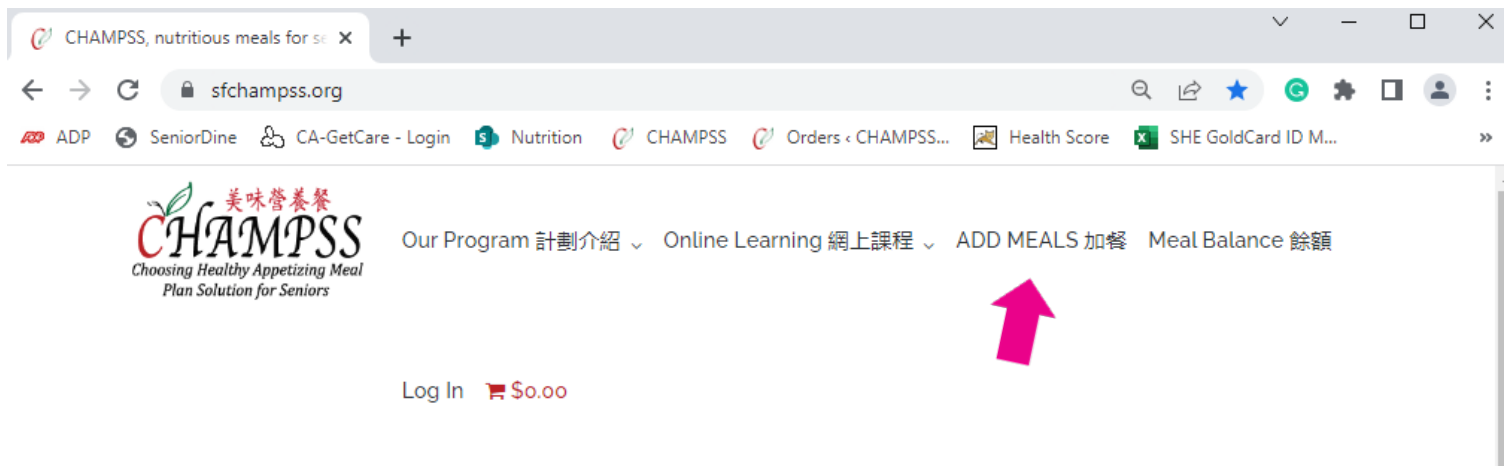
2

輸入美味營養餐網：www.sfchampss.org
然後按鍵盤 **Enter** (輸入)



3

登入美味營養餐網後，然後鼠標點擊 **加餐**



加餐指南

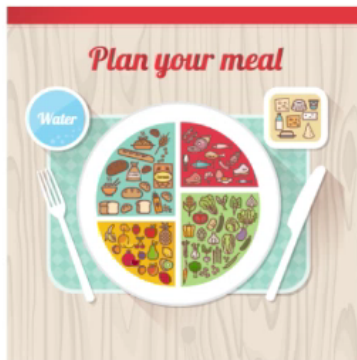
4

鼠標點擊 **Choose an Option** 選擇您所需要的加餐數量 (01至05)
然後點擊 **Add to Cart**.

ADD MEALS 加餐

CHAMPSS is a non-profit foundation sponsored by Self-Help for the Elderly in partnership with S&E Cafe, PhoSure and Venus Cafe. In order to keep the program functioning, we ask for a suggested contribution of \$5.00 or more per meal.

- For more detailed step-by-step **Online Add Meals Instructions**, please read or download [Online Add Meal Instructions](#). Additional meals may be added at any time, online (using credit card below) or in-person (cash or check) at a [Self-Help for the Elderly senior center](#).
- 有關詳細的逐步網上加餐教程，請閱讀或下載[網上加餐教程](#)。加餐可在此網頁（需信用卡）或去到任何一間三藩市[安老自助處康樂中心](#)（需現金或支票）。



Quantity

Add to cart

SKU: Add Meals Category: meal

5

完成您選擇所需要的餐數，橫幅會出現，並提示您的選擇的餐數已經成功加入購物車。點擊 **View Cart** 檢閱您的餐數。

✓ "Meal" has been added to your cart.

View cart



Quantity **Clear**


\$5.00

Add to cart

加餐指南

6

檢閱您的餐數是否正確。然後點擊 **Proceed to Checkout** 去完成付款步驟。

		Product	Price		Subtotal
x		Meal - 01 Meal	\$5.00	1	\$5.00
					Update cart
					Empty Cart

☐ I would like to contribute a different amount


Cart totals

Subtotal	\$5.00
Total	\$5.01

[Proceed to checkout](#)

*

如若需要更改您的餐數, 您可以點擊 **X** 去刪出您不需要的餐數, 或者點擊 **Empty Cart** 去清空購物籃, 重新加餐。

		Product	Price		Subtotal
x		Meal - 01 Meal	\$5.00	1	\$5.00
					Update cart
					Empty Cart

加餐指南

7

填寫付款資料 (名字, 地址, 電話, 電郵地址; 所有有*都要填寫)

CHAMPSS is a non-profit foundation sponsored by Self-Help for the Elderly. In order to keep the program functioning, we ask for a suggested contribution of \$5.00 or more per meal. All eligible participants may participate regardless of contribution.

Billing details

First Name *

Last Name *

Company Name (optional)

Email Address *

Phone *

Country *

United States (US)

Street address *

Town / City *

Additional information

Order notes (optional)

Notes about your order, e.g. special notes for delivery.



8

填寫美味營養餐卡的號碼 CHAMPSS Card Numbers 及美味營養餐持卡者的名字 CHAMPSS Card holder Name

CHAMPSS Card Numbers *






CHAMPSS Card Holder Name *




加餐指南

9

填寫信用卡付款資料。

Credit Card     




Pay with your credit card via SecureSubmit.

CREDIT CARD NUMBER *

EXPIRATION DATE *

SECURITY CODE *

☐ I have read and agree to the website [terms and conditions](#) *

☐ I'm not a robot 

Place order

10

細閱付費條款及約束。然後點擊方格 **I've read and accept the terms and conditions**, 以及方格 **I'm not a robot** 最後點擊 **Place Order** 去完成下單。

重要的提醒

成功下單後, 您將收到一封電子郵件, 其中包含 CHAMPSS (美味營養餐) 網站自動而成的訂單號。請保留訂單號以供日後參考。